

SCHEDULING STATUS: S0

PROPRIETARY NAME AND DOSAGE FORM:

Collagen Ice-T (Powder) 320g

COMPOSITION:

Servings per container: 40

Each 8g serving contains:

Energy	38kJ
Protein	4.6g
Total Carbohydrates	1.8g
Total Fat	0g
Total Sodium	45mg
Hydrolysed Collagen	5g
Rooibos Extract	400mg

Ingredients: Peptan Collagen, Isomaltulose, Rooibos Extract, Orange flavour, Citric Acid, Sodium Citrate, Sucralose and Xanthan gum.

CLASSIFICATION:

Category D, 32.2 Other (Complementary Medicine)

SPECIFIED WORDING:

This medication has not been evaluated by SAHPRA for its quality, safety or intended use.

This product is available without a doctor's prescription for you to maintain your health. Nevertheless, you still need to use it carefully to get the best results from it.

Keep this leaflet; you may need to read it again.

Do not share medication prescribed for you with any other person.

WHAT IT IS AND WHAT IT IS USED FOR

INDICATION:

Might help with improving skin elasticity, (i.e., wrinkles and roughness) as well as signs of aging.

Assists with Increasing muscle mass, preventing bone loss, and relieving joint pain.

WARNINGS AND SPECIAL PRECAUTIONS:

DO NOT EXCEED THE RECOMMENDED DAILY DOSE. SEE DOSAGE AND DIRECTIONS FOR USE.

INTERACTIONS – OTHER MEDICINES:

No known interactions.

PREGNANCY AND BREASTFEEDING:

If you are pregnant or breastfeeding, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medication. The safety of the product in pregnancy and during lactation has not been established.

HOW TO TAKE THE PRODUCT

GENERAL STATEMENT:

Always tell your healthcare professional if you are taking any other supplements.

DOSAGE AND DIRECTIONS FOR USE:

Mix 1 scoop (approx. 8g) with 200-250ml of water or as recommended by your dietary programme.

In the event of overdosage, consult your doctor or pharmacist. If neither is available, please contact the nearest hospital or poison crime centre.

SIDE-EFFECTS:

No known side-effects.

Should your general health worsen, or should you experience any untoward effects while taking this medication, please consult your doctor, pharmacist or other healthcare professional for advice.

HOW TO STORE THE PRODUCT

STORAGE INSTRUCTIONS:

Store in a cool, dry place. (Below 25°C)

KEEP OUT OF REACH OF CHILDREN.

IDENTIFICATION:

Light brown powder

NAME AND BUSINESS ADDRESS OF THE APPLICANT

info@andwater.co.za ANDWATER, Unit 8, Keymax Park 1006 Ergon Road Lyttleton, Centurion, 0169.

012 644 1584

DATE OF PUBLICATION

11 January 2022

SKEDULERINGSSTATUS: S0**EIENDOMSNAAM EN DOSEERVORM:**

Collagen Ice-T (Poeier) 320g

SAMESTELLING:

Dosisse per bottel: 40

Elke 8g dosis bevat:

Energie	78kJ
Proteïne	4.6g
Totale Koolhidrate	1.8g
Totale Vet	0g
Totale Natrium	45mg
Peptan Kollageen	5g
Rooibostee Ekstrak	400mg

Ander bestanddele: Peptan Kollageen, Isomultulose, Rooibostee Ekstrak, Lemoen geursel, Sitroensuur, Natrium Sitraat, Sukrose en Xanthan Gum.

KLASSIFIKASIE:

Kategorie D, 32.2 Ander (Komplementêre Medikasie)

GESPESIFISEERDE BEWOORDING:

Hierdie medikasie is nie deur SAHPRA geëvalueer nie.

Die produk is beskikbaar sonder 'n dokter se voorskrif om u gesondheid te onderhou. Desondanks moet u dit steeds versigtig gebruik om die beste resultate te kry.

Hou die inligtingsblad, u mag dit dalk weer wil lees.

Moenie medikasie wat aan u voorgeskryf is met ander persone deel nie.

WAT IS DIT EN WAARVOOR WORD DIT GEBRUIK**INDIKASIE:**

Kan help met die verbetering van velelastisiteit (d.w.s. plooië en grofheid) asook as tekens van veroudering.

Help om spiermassa te verhoog, beenverlies te voorkom en gewrigspyn te verlig.

WAARSKUWINGS EN SPESIALE VOORSORGMAATREËLS:

MOENIE DIE AANBEVOLE DAAGLIKSE DOSIS OORSKRY NIE. SIEN DOSERING EN GEBRUIKSAANWYSINGS.

INTERAKSIES –ANDER MEDIKASIES:

Geen bekende interaksies

SWANGERSKAP EN BORSVOEDING:

Indien u swanger is of borsvoed, raadpleeg eers u dokter, apteker of gesondheidsorg konsultant vir professionele advies voor u die produk gebruik. Die veiligheid tydens swangerskap en laktasie is nog nie vasgestel nie.

HOE OM DIE PRODUK TE GEBRUIK**ALGEMENE STELLING:**

Vertel altyd u mediese dokter as u enige ander aanvullings neem.

DOSIS EN KORREKTE GEBRUIKSAANWYSINGS:

Meng 1 lepel (ongeveer 8g) met 200-250 ml water of soos aanbeveel deur u dieetprogram.

In geval van oordosering, raadpleeg u dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifmisdada-sentrums.

NEWE-EFFEKTE:

Geen bekende neue-effekte

Raadpleeg u dokter, apteker of ander gesondheidsorgwerker vir advies indien u algemene gesondheid vererger, of as hierdie medikasie neue-effekte veroorsaak.

HOE OM DIE PRODUK TE BEWAAR**BERGINGSSAANWYSINGS:**

Bewaar in 'n koel, droë plek. (onder 25 ° C)

BEWAAR BUIE BEREIK VAN KINDERS.

IDENTIFIKASIE:

Ligte bruin poeier

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT

info@andwater.co.za ANDWATER, Unit 8, Keymax Park 1006 Ergon Road Lyttleton, Centurion, 0169.

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DATUM VAN PUBLIKASIE

11 Januarie 2022